

Assemblies		Resilience and coping - Helping pupils to develop resilience, looking after themselves and cope with change - Conflict management, positive coping strategies, reframing failure, facing adversity, self/regulation and self-control, responsible decision-making, self-management				Friendships Supporting pupils to think about the importance of friendships and social relationships in relation to their own wellbeing - Considering other people's emotions and perspectives; working together, social problem-solving					
Year Group	Proud to be Me		Protective Behaviours		Be Safe be kind Esafety		Fit for Life	Science		Computing	Visitors
DFE link	RSHE	Health & well being	RSHE	Health & well being	RSHE	Health & well being	Health & well being	RSHE	Health & well being	RSHE	Health & well being
Relationship education. Relationships and sex education and health education)	Families and people who care for me caring friendships respectful relationships mental well being		Respectful relationships Online relationships Being safe mental well being internet safety		caring friendships Respectful relationships Online relationships Being safe mental well being internet safety		Mental well being Physical health and fitness Healthy eating Health and prevention DECCA				
Nur					Understanding what bullying means Share Anti Bullying Policy STOP acronym Recap protective Behaviour Early warning signs Esafety – ask an adult, check to stay safe			Kuw Sharing concern for living things PD Ch know importance of physical ex and healthy diet and how to keep healthy and safe Manage own basic hygiene			
Rec										Handwashing and teeth cleaning School Nurse	
Y1								Basic parts of the human body (we apply our protective behaviour naming)		Online safety unit Aut1 – safe log ins	
Y2	Families Self esteem Self-respect Cultural pride		Network hands (vocab re anatomy) Early warning signs Safe touch				Balanced diet Sugar content	Notice that animals including humans have offspring Describe importance for humans of exercise. Eating the right amounts of different amounts of food and hygiene		Online safety unit Aut1 – searching and sharing, Email, digital foot print, terminology, safe searching	
Y3	Diversity Respect self Respect others Citizens Friendship		<i>(boundaries in relationships, concept privacy, person body belongs to self, respond safely to unknown adults, recognise feeling or being unsafe, asking for advice or help, report concern or abuse, self-regulation)</i>		Understanding what bullying means Share Anti Bullying Policy STOP acronym Differing types bullying Scenario is it bullying? Effects of bullying on mental health		Effects of exercise on physical health and well being Risks associated with inactive lifestyle Recognise early signs of physical illness Safe and unsafe sun exposure	Identify animals including humans need the right types and amounts of nutrition		Online safety unit Aut1 – safety in numbers – passwords, fact or fiction re content, appropriate content and ratings of games etc, methods of communication and safety, email and email rules	
Y4	<i>(discussion, turn taking, collaborative culture, respect opinions, accept differing views, explore and question, active listening)</i>		High profile CPD for current staff including HLTA and support		What we can do to prevent bullying (unite against bullying) National Anti-Bullying week English unit linked to bullying texts Esafety – through computing curriculum Exploring online as sometime as covering bullying		Allergies Immunisation and vaccination Basic first aid (call emergency services and common injuries)	Different types of teeth and functions (our focus hygiene teeth brushing)		Online safety unit Aut1 – phishing, malware, plagiarism, healthy screen time New unit effective searches	
Y5								Describe the changes as humans develop to old age (puberty and menstruation)- school Nurse delivers parents CANNOT withdraw from this		Online safety unit Aut1 – sharing digital content, password and sharings, referencing	
Y6								Recognise impact of diet exercise, drugs and lifestyle on the way their bodies function School Nurse re does a further puberty session recap Y5 menstruation and puberty NEW change is delivery of Sex Education (parents can withdraw)		Online safety unit Aut1 – messaging I games, online behaviour, screen time	
										Healthy relationships talk for Y6 – delivered to boys and girls DECCA – alcohol and drugs talk My mate fancies you – Loudmouth – Y5 & Y5 Bully 4U – Loudmouth – Y3, Y4, Y5, Y6 SHAPE team – anti bullying road show PCSO – cyber bullying	

