



Temple Meadow Primary School

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 Temple Meadow Primary School

Our Ref: BD/CH

Tuesday 29th September 2026

World Mental Health Day - Change of Date

Dear Families,

We are writing to inform you of a change to the date of our school celebrations for **World Mental Health Day**.

As outlined in our previous communication, we had planned to celebrate World Mental Health Day on Friday 9th October 2026. However, as this date is now a school INSET Day, we have rearranged our celebrations to take place on **Thursday 8th October 2026** instead.

Children and staff are still invited to **wear yellow** on the day as we come together to promote positive mental health and wellbeing and recognise this year's theme of Mental Health for All.

Our Mental Health and Wellbeing Photo Competition will continue as planned, with entries closing on **Monday 5th October 2026**. Photographs can be submitted in school or emailed to the school office for the attention of Miss Dale.

Thank you for your continued support. We look forward to celebrating World Mental Health Day together on Thursday 8th October and highlighting the importance of looking after our mental health and wellbeing.

Yours sincerely,

Miss Dale
Deputy Headteacher

