



Our Ref: BD/CH

Wednesday 23rd September 2026

Temple Meadow Primary School

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Temple Meadow Primary School

Introducing Our New RSHE Curriculum

Dear Families,

At Temple Meadow, we are committed to ensuring that all children receive high-quality, age-appropriate education that supports their personal development, wellbeing, relationships and understanding of the world around them.

The Department for Education has recently updated the statutory guidance for Relationships, Sex and Health Education (RSHE). These changes strengthen expectations around the teaching of healthy relationships, online safety, physical and mental wellbeing, respect for diversity, consent, personal boundaries and keeping safe both online and offline.

In response to these changes, and following a review of our provision, we have decided to move from our school's bespoke Learning 4 Life curriculum to the Kapow Primary RSHE curriculum. This change will ensure that our children receive a comprehensive, progressive and fully compliant RSHE curriculum that meets all statutory requirements while remaining age-appropriate and sensitive to the needs of our pupils.

What will children learn?

The Kapow RSHE curriculum covers key areas including:

- Building positive friendships and relationships
- Understanding and managing emotions
- Physical and mental health and wellbeing
- Personal safety and recognising risk
- Respecting differences and celebrating diversity
- Online relationships and digital safety
- Growing up and understanding changing bodies (in an age-appropriate way)
- Developing resilience, confidence and self-esteem

The curriculum is carefully structured so that learning builds progressively as children move through the school.

Our RSHE Policy

We encourage all parents and carers to read our RSHE Policy, which is available on the school website. The policy provides further information about what is taught, when topics are taught and the principles that underpin our approach to RSHE.



Parent Information Session

We appreciate that families may wish to find out more about these changes and the content of the new curriculum. Therefore, we will be hosting a **Parent Information Session on Thursday 22nd October 2026 at 9am**. This will provide an opportunity to explore the curriculum, understand how topics are taught and ask any questions you may have.

To confirm your attendance, please book in via the MCAS app.

In the meantime, please take a look at the RSHE section of our school website, where you will find our policy and additional information about the curriculum.

Thank you for your continued support in helping us provide the very best education for all our pupils.

Yours sincerely,

A handwritten signature in black ink that reads "Miss Dale". The signature is written in a cursive, flowing style.

Miss Dale
Deputy Headteacher