



Temple Meadow
Primary School
Growing together, learning together

Our Ref: AVS/CH

Tuesday 17th September 2025

Hello Yellow – Supporting World Mental Health Day

Temple Meadow Primary School

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#HelloYellow

M&S | YOUNGMINDS

YoungMinds, registered Charity in England (1016968) and Scotland (SC039700)

Dear Families,

I am writing to you today with a special invitation to mark World Mental Health Day on Friday, 10th October. At Temple Meadow, we are proud to be supporting the incredible work of YoungMinds, the UK's leading charity for children and young people's mental health.

YoungMinds' annual campaign, Hello Yellow, encourages people to wear yellow to show young people that they are not alone with their mental health. It's a simple, powerful message of hope and solidarity. As Headteacher, I will also be wearing yellow on the day, and I would love for our school community to join me.

Right now, more than 1 in 4 young people have a probable mental health condition. Many aren't getting the help they need, when they need it. By wearing yellow on 10th October, we can all help to raise awareness and vital funds to ensure that YoungMinds can continue their crucial work.

We are inviting all children and staff to wear an item of yellow clothing to school on Friday, 10th October, in exchange for a small donation of anything you can give. Every contribution, no matter how small, will help YoungMinds provide life-changing support to young people and their families.

Most importantly, we want to share the resources that YoungMinds offers to support parents and carers if you ever need help and advice to support your children. These include:

- online resources (www.youngminds.org.uk/parent/)
- a phone line, open 9.30am-4pm (0808 802 5544)
- an online chat for parents and carers to speak to trained professionals if you're concerned about your children's mental health (www.youngminds.org.uk/parents-helpline/)

We are passionate about fostering a supportive environment for our children, and participating in Hello Yellow is a wonderful way to show them that we care about their well-being.

Please help us make a difference. Let's wear yellow together and show our young people that they are seen, heard, and supported.

"Wear it loud. Wear it proud. Because we stand brighter, together."

Yours sincerely,

AVStraaten

Mrs Van Straaten
Headteacher

