



Temple Meadow  
Primary School  
Growing together, learning together

## Temple Meadow Primary School

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Temple Meadow Primary School

Our Ref: RD/CH

Friday 12<sup>th</sup> September 2025

### Kinetic Letters

Dear Families,

We are excited to share with you that this year we will be introducing the **Kinetic Letters Handwriting Scheme** as part of our ongoing commitment to enhancing the learning experience of our children. This approach is designed to help children develop clear, legible and fluent handwriting skills through a fun and dynamic program.

### What is Kinetic Letters?

Kinetic Letters is a research-based handwriting scheme that focuses on making handwriting easier and more enjoyable for learners. The program uses a kinaesthetic (movement-based) approach, which encourages children to practice writing through fun, physical movements. This method helps children develop muscle memory, ensuring that handwriting becomes an automatic skill they can use with confidence.

### Key Features of Kinetic Letters:

- **Focus on Movement:** The program teaches children to form letters using whole-body movement, helping them associate the shapes of letters with muscle memory
- **Inclusive Learning:** It's suitable for children of all abilities, including those with additional needs
- **Progressive Development:** The scheme allows for a smooth progression from initial letter formation to joined writing, building fluency and accuracy over time
- **Engaging for Children:** Through the use of fun activities and visual prompts, the scheme makes handwriting practice enjoyable and less stressful for children.

### How will it work?

Over the coming months, your child will be introduced to the various stages of the Kinetic Letters program in class. Our teachers will guide them through exercises designed to improve their grip, posture, and letter formation. You may notice that handwriting practice looks a little different than what you might expect, but rest assured that this method is based on best practice and proven to be effective.

Please find attached the Kinetic Letters information sheet for families along with the letter family groups sheet.

We are excited about this new addition to our curriculum and believe it will have a positive impact on your child's handwriting and confidence in writing.

Thank you for your ongoing support as we work together to give our children the best possible learning experience.

Yours sincerely,

Miss Dale  
Deputy Headteacher



# Kinetic Letters® Programme overview

Kinetic Letters® is a handwriting programme for use in primary and secondary schools.

Using four main threads of

- Making bodies stronger,
- Holding the pencil,
- Learning the letters, and
- Flow and fluency,

it enables children to develop legible handwriting that is produced quickly and automatically. With the development of automaticity, handwriting becomes a valuable tool and not a hindrance to learning.

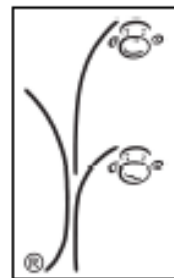
The Kinetic Letters® font covers all the letters in the alphabet and is based on a set of rules that have been made as simple as possible to enable fast learning. The order in which letters are taught recognizes the cognitive development of children.

The programme can be used with any reading programme including phonics. Initially reading and writing are taught separately (as recommended by phonics programmes); later on, reading and writing are combined.

*Strength:* Writing is a fine finger operation; children must have core body and arm strength to be able to control their fingers precisely.

*Pencil hold:* The pencil/pen grip must be comfortable to allow writing for long periods (eg exams often last for hours). Pens and pencils with a triangular cross-section assist in developing the correct hold.

*Letter formation:* The movements to form the letters begin with whole body movements and progress through writing in sand trays to writing on whiteboards and finally writing on paper. In Kinetic Letters®, all the letters and numbers are formed by one of two monkeys, a brave one (Bounce) who goes to the top branch of the tree, and a scared one (Skip) who goes to the lower branch.



*Flow and fluency:* Letter movements are minimized to help a fast writing style to develop. There are no lead-in strokes (a waste of time and effort).

There are resources available for parent to purchase from Kinetic Letters® (sales@kineticletters.com). These include:

- Whiteboards with the Kinetic Letters® tree logo and lines
- Pencils and whiteboard pens with a triangular cross-section
- Playing cards with all the letters and their method of formation
- Pupil books with exercises
- Story books explaining how each of the letter groups is formed.

# Kinetic Letters® - Helping your child

## Letter Family groups and their Family Features



<i>Family</i>	<i>Letters</i>	<i>Family Feature</i>
<i>Lower-case letters</i>		
Jumper Family	h n m r b p	Down-bump. Back up. Push over.
Abracadabra Family	c a o d g s q	Pull around and Push, Abracadabra.
Window Cleaner Family	l t i u	Down-bump. Flick (the water off).
Fisher Family	j g y f	Down, on-down and Pull around (to catch the fish).
Special Squirter	e	Push across. Up. Pull around and Push (along the ground).
Slider family	v w x z k	Slide
<i>Upper-case letters</i>		
Straight lined group	I L E F H T	Start with Down-bump.
Curved line group	C O S G Q	Start with Pull around
Lines with Curves group	D P B R J U	Combine Straight lines with Curves
Sliding lines group	A M N W V X Z K Y	Involve Diagonal lines
<i>Numbers</i>		
Pushing numbers	2 3 5 7	Push move helps orientation
Pulling numbers	0 6 9 8 1 4	Pull move helps orientation

**The Tree symbol:** When practising writing, use a writing line and the tree symbol to give a guide for both where the letters start and their proportions and how they sit on / go below the ground line.

