

LISTENING EAR

VOLUNTARY CONFIDENTIAL
COUNSELLING SERVICE



IF YOU'RE STRUGGLING WITH:

- Relationship problems
- Stress
- Bereavement
- Worry
- Difficult experiences
- Experiencing loss

THEN WE'RE HERE TO HELP:

- We offer support and care through voluntary counselling sessions

Our counselling services are free with the option to make a donation to our ongoing work

CONTACT:

Ruth: 07907899125
Chantal: 07522982023

