

PLAS GWYNANT OUTDOOR EDUCATION CENTRE

Monday 16th September – Friday 20th September 2024



Sandwell
Metropolitan Borough Council

Residential Education Service

TEMPLE MEADOW STAFF ATTENDING THE VISIT



Mr Smith



Mrs Collins



Mrs Lamb



Miss Pearson

TEMPLE MEADOW – KEY MESSAGES

- On Monday morning, children should arrive at school promptly at 08:30. This allows pupils and staff an hour to check all required items have been packed and that any medication is safely stored.
- The coach will leave at 09:30. Please make sure your child brings a packed lunch in a lunch box. Pupils will then use this lunch box all week. Pupils should also have a re-usable, robust water bottle with them.
- When we arrive, a text message will be sent from school to let you know we're there safely. As well as when we set off on the Friday to let you know the time of arrival back at school.
- Children aren't allowed to bring any electrical items such as mobile phones or smart watches. School will contact parents if needed.
- Temple Meadow staff will take extra snacks with them on the visit, to be distributed to pupils at appropriate times of the week. Therefore, pupils should not bring any food items with them.
- The school website will be updated daily with photographs to let you know what we've been up to.
- Medication can be brought and will be administered by Temple Meadow staff – this is subject to appropriate parental consent.
- Non-prescribed medication will be available during the period of the visit, should pupils have a headache/other mild symptoms that require treatment. Pupils will be assessed by Temple Meadow first-aiders before any medication is administered. Parental consent will be required for non-prescribed medication. A consent slip will be returned and retained, confirming the type of medication that you give consent for Temple Meadow staff to administer. Medication available will be liquid paracetamol and liquid anti-histamine.

ABOUT SANDWELL RESIDENTIAL SERVICE



4 SUPER VENUES

Edgmond Hall
Frank Chapman Centre
Ingestre Arts
Plas Gwynant

Shropshire
Wyre Forest
Staffordshire
Snowdonia

HOME FROM HOME

Small, welcoming centres. Have the place to yourselves!

TAILORED PROGRAMMES

A real learning experience:
The programme is designed with school.

THE HIGHEST STANDARDS

14,000 pax p/a from
across the UK

PLAS GWYNANT: CENTRE FACTS



Location

A beautiful lodge set in its own parkland at the foot of Snowdon.

Nant Gwynant, Caernarfon, LL55 4NR

Outside

Lots of safe space to play in grounds, and direct access to the mountains, rivers, lakes and beaches of the National Park.

Inside

Comfortable social space, review rooms, and games room for a perfect residential stay.

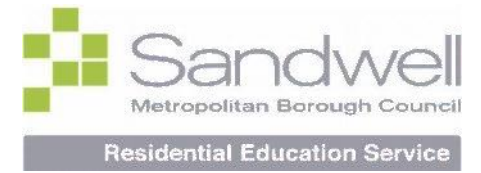


54 beds

Dorms of 2 to 8

Groups of 40+ have sole occupancy

PLAS GWYNANT









ACTIVITIES

At Plas Gwynant we offer an exciting range of adventurous outdoor activities that make the best use of the surrounding environment.

Tailored to the individuals, activities are all about challenging yourself, trying something new, and learning through experiences.



Activities include:

- Rock Climbing
- Abseiling
- Gorge Walking
- Kayaking
- Raft Building
- Environmental Based Activities
- Mountain Biking
- Orienteering

A DAY FULL OF FUN

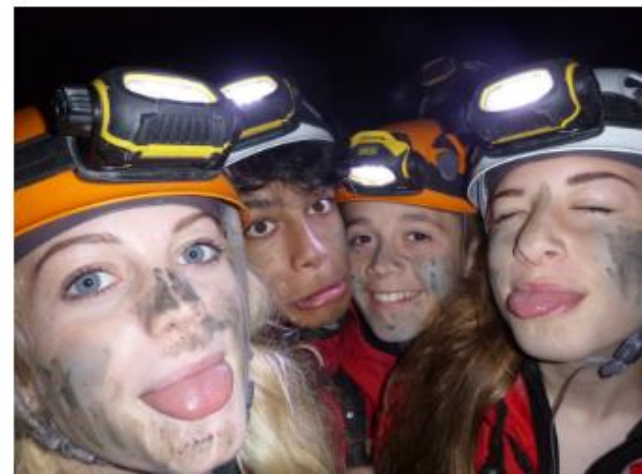


A TYPICAL DAY AT PLAS GWYNANT:

- The day starts for pupils at 07:15.
- Breakfast is served at 08:20
- After eating breakfast, pupils will make a packed lunch.
- Pupils will return to dormitories to prepare for their day.
- Pupils leave the centre at 10:00 – some activities require minibus transport.
- If pupils are on a half-day activity, they will return to the centre at lunchtime, eat their packed lunch and then depart for their second half-day activity.
- If pupils are on a full-day activity, pupils will eat their packed lunch whilst at the activity.
- All pupils arrive back on site around 16:15.
- At 17:30, pupils will eat their evening meal.
- At 19:30, pupils will take part in an evening activity. This will be at the residential centre with no transport required.
- All pupils will be allocated a job. Different jobs will require completion at different times of the day. These will be explained to pupils when at the centre.

WHAT TO PACK

PLAS GWYNANT STUDENT KIT LIST	
<p>*All specialist outdoor equipment including waterproofs and rucksacks will be provided by the Centre. *The clothes that you bring to wear for activities will get dirty, wet and scruffy so do not bring your best things! *This list is a MINIMUM. IF TRAVELLING TO THE CENTRE IN THE MORNING PLEASE REMEMBER TO BRING A PACKED LUNCH and DRINK</p>	
Essential – for either summer or winter	
Towel, hand towel and toiletries Pyjamas Clothes to wear when not on activities 1 pair of indoor shoes/slippers to wear around the centre Warm hat and gloves – yes, even in summer! Lunch box and reusable drinks bottle Torch	3 warm woolly jumpers, hoodies or fleeces 2 pairs of warm loose-fitting trousers (NOT jeans) joggers and thick leggings are ideal. 3 T shirts/thermals 1 long sleeved T shirts 3 pairs of thick, preferably long, walking socks – absolutely essential – thin socks <u>will not do</u> 1 pair of robust outdoor trainers suitable for walking on rough ground and getting wet. Plastic dustbin liner for taking wet kit home in!
Additional items according to season:	
Summer	Winter or longer courses
Sun hat, sun cream (minimum SPF 30), sun glasses 2 pairs of shorts, extra T shirts Midge repellent - Plas Gwynant midges have voracious appetites!	Bring more jumpers/fleeces, socks, long sleeved Ts and trousers Cotton layers next to the skin are not a good idea as they do not keep the body warm when they become damp. Thermal base layers are good.
Optional	Items available at the school shop
Wellington boots if you have them – not fashion wellies! Stamps Camera - disposables are good Reading book	Fleece hats Socks Gloves Pens, pencils, rubbers, small notepads Torches, Postcards, posters Stamps
Mobile Phones: Mobile phones are not permitted on the visit.	Chewing Gum: No chewing gum allowed – do not bring gum with you.



LEARNING

The Plas Gwynant team have technical skill to deliver adventurous experience and, crucially, the soft skills to help every young person achieve more than they ever expected.

We are specialists in residential experiences, and know how valuable it can be.

Tailored Programmes

Every visit is unique. The team work with school and the pupils to shape an exciting, fun, and valuable visit to Plas Gwynant



Group sizes are 10 students to 1+ Plas Gwynant tutor supported by school staff.

A top-down view of several children's hands clasped together on a dark wooden table. The hands are arranged in a circle, with some overlapping. The children are wearing various clothing, including a grey hoodie, a blue and white striped shirt, and a blue and white striped track jacket. The background is slightly blurred, showing more of the table and the children's bodies.

To watch my students transform before my eyes into
a new version of themselves - that was amazing!

Assistant Headteacher - Sandwell

We have seen a real change in **the progress and achievement** of our children. Their **confidence** has increased exponentially. This has translated in the classroom into a **better attitude for learning** and greater confidence in taking part in **whole class activities**.

Assistant Headteacher - Staffordshire

WHY GO TO PLAS GWYNANT

A YOUNG PERSON'S PERSPECTIVE

Try out exciting activities like rock climbing, canoeing and gorge walking

Explore an amazing new place

Make new friends and get to know your classmates even better

It's an adventure! Go beyond your comfort zone and be open to new experiences

Develop skills, discover passions, boost confidence



WHY GO TO PLAS GWYNANT



A PARENT'S PERSPECTIVE

Everyone who stays at Plas Gywnant gets a warm welcome and the centre soon becomes a home away from home

Develop independence & critical thinking skills

Trying new things and sticking at them

Boost cohesion and sense of belonging

All inclusive – no hidden extras

School and centre staff work as one team to provide the best experience



THE EVIDENCE

LEARNING AWAY – BRILLIANT RESIDENTIALS

Compelling 5 year research that shows a residential experience can:

- Improve students' engagement with learning
- Support students' achievement
- Improve resilience, self-confidence & wellbeing
- Smooth transition



BEDROOMS

We have 54 beds in comfortable dormitories.

Rooms sleep between 2 and 8 pupils

Groups of 40+ have sole use of the centre

All bedding is provided.

Pupils sleep in gender separated areas

Showers and toilet facilities are nearby

Teacher rooms are nearby and centre staff are on hand to provide 24 hour on-site support.



FOOD GLORIOUS FOOD

Home cooked food

We cater for all dietary requirements

Plenty of choice and variety

Example meals:

- Lasagne with salad & garlic bread
- Vegetable curry with rice & naan
- Toad in the hole with mash & veg
- Fish fingers & chips
- Tuna pasta bake



Main meals are at dinner time with a lighter choice in the afternoon for lunch.

A group of approximately ten people, likely a team, are shown from a low-angle perspective looking upwards. They are all wearing bright red jackets and yellow safety helmets. The background is a plain, light-colored surface, possibly a wall or ceiling. The overall mood is positive and professional.

WE CAN'T WAIT TO SEE YOU!

sandwellresidential.co.uk