



Temple Meadow
Primary School
Growing together, learning together

Temple Meadow Primary School

Wrights Lane
Cradley Heath
West Midlands
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Headteacher: Ms C. Walsh

Our Ref: RD/CH

Thursday 8th February 2024

Well-being and Mental Health coffee morning

Dear Parents/Carers,

Do you worry about your child's well-being and mental health?

Do you, or someone in your family, struggle with their mental health?

Would you like to find out more about how to support and promote well-being within your family?

If you have answered yes to any of these questions then come along to our well-being and mental health coffee morning on **Thursday 29th February 2024 at 9am**. Entrance is via the Dance Studio doors located on the Wrights Lane car park.

Come and enjoy a hot drink, tuck into the biscuits and find out more about well-being and mental health, strategies you can try at home and discover more about the support that is available in Sandwell. You are more than welcome to bring along a friend or family member for morale support and the more the merrier. Whether you join in and share from your own experiences or just sit back, relax and listen, anyone who attends will be entered in a prize draw to win a shopping voucher.

We do hope you can join us; **please confirm your attendance by emailing**

tm.admin@meadow.sandwell.sch.uk by Thursday 22nd November 2024– we'd hate to run out of biscuits!

Yours sincerely,

Miss Dale

Miss Dale

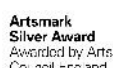
Deputy Head, DSL & Senior Mental Health Lead

S. Daniels

Miss Daniels

Senior Pastoral Support Key Worker

Coffee Morning
Everyone Welcome



2018-2021

