# Temple Meadow Newsletter

## Friday 6th October 2023





Dear Parents/Carers

The term is now very busy as we slip into October. Teaching and learning is motoring on with pupils working extremely hard. I loved yesterday having three **Reception children proudly sharing their writing** with me and receiving Headteacher Awards.

Thank you for your support with our **Harvest Celebration** led by Miss Barnham (RE co-ordinator) and Mrs Bayley (ECO co-ordinator). It was lovely to see some of our own produce on sale too. See below for more information.

**Diary Dates** —do keep an eye on all our dates for the academic year. We try really hard to pre plan as many as possible so you too can forward plan. All our Christmas events are being firmed up and will be on our website as soon as possible. We have taken on board parent feedback from last years' Christmas events.



#### Proud to be Me and our Inside / Outside Display

In and around school, our corridors are alive with fabulous learning outcomes. Our Inside outside displays look amazing; as do all our Proud to be Me displays.





## Foodbank vouchers

# BLACK COUNTRY FOMDBANK

LOVE . CONNECT . INVEST

A reminder that Temple Meadow are a Black Country foodbank voucher holder. If any Parents/Carers require a voucher, please speak to Miss Dale or a member of the Pastoral Support Team.

#### School Field

Children should not be playing on the school field at the end of the school day. Thank you for your support and co-operation.

## Writing Curriculum Champions

Well done to our successful Writing Curriculum Champions this year. They will be working with Miss Dale throughout the year, producing the termly pupil newspaper and supporting Miss Dale with other writing initiatives.

Year 1 - Tilly-Rae, Bhavi, Grayson

Year 2 - Hibah, Rayyan, Rumaisa

Year 3 - Sarah and Mia

Year 4 - Dreyden and Aizah

Year 5 - Tia and Anaya

Year 6 - Jacob and Fariza

#### Harvest



Thank you to all Parents/Carers who kindly sent in any donations for the Harvest Festival; your donations were collected on Monday afternoon and taken to the Black Country Foodbank to be handed out to anyone within the area that needs help and support.

Another big thank you to anyone who took part in the "guess the weight of the pumpkin" competition or donated any money for the carrots and apples harvested on school site. All the money collected has been given back to our ECO committee who do lots of hard work around our site for us all

to enjoy. The winners of the competition will be announced on Monday 9th October 2023 and they will receive a food hamper and some Autumn arts and crafts.

#### Main road crossing

Following enquiries from our Parent community, can we please provide reassurance that we have contacted Sandwell Road Safety department regarding the current absence of a crossing assistant. We acknowledge and appreciate the risks posed by crossing such a busy road during peak times.

## Parent Governor Vacancy

Please be reminded that our current vacancy closes on Monday 9th October at 1200. Any expressions of interest should be submitted via email to tm.admin@meadow.sandwell.sch.uk.

## Best regards, Ms Walsh—Headteacher























# SALT (Speech and Language Therapy)

I am pleased to announce that I (Mrs Lowe) will be leading on Speech and Language across the school, working alongside Mrs Van Straaten as SENDCO.

As a school, we are proud of the support we offer to all of our children, including those with additional needs. All schools are allocated a number of days from the NHS speech and language therapy team and this year we have been allocated 5 days. As you can imagine, this does not allow us to provide a

high-quality support package to those children who require input from a speech and language therapist. This year, we have prioritised this need and have purchased an enhanced service, meaning that we will have a speech and language therapist in school for a full day, once a month. We are really excited about how this will further improve our overall offer to our children.

I have already met our allocated therapist and I am pleased to say that Harriet Clarke will be joining our team. Harriet is really looking forward to working with us all and is able to offer the following:

- Maka to n incl ud in g s ett in g up Sign of the Week
- PECS
- Aided lan guage d isplays
- D e v el opme n t of speech so un ds, lan guage and communication
- Pare n t 'St ay an d Play' s es si o n s
- Obs e rvat i o n s in cla s s/play etc
- Re v iew of t argets
- First a s s es sme n ts
- Makin g sp aces 'communi cat i o n frie n dly'.

If you have any questions about how Harriet, Mrs Van Straaten or myself could support you or your child, please do not hesitate to get in touch.

Kind regards, Mrs Lowe.



## Other News

## Anti-bullying posters

We continue to work alongside pupils to ensure their voice leads our antibullying strategy this year. This week, pupils have created posters which have been refreshed around school in line with our Positive Interactions Policy and continue our success, having achieved the silver anti-bullying award.

## Primary Science Quality Mark



We are really pleased to announce that we have just achieved the Primary Science Quality Mark.

Mrs Van Straaten, our Science Ambassadors and all of the Temple

Meadow teaching team have been working hard to secure this award which celebrates our commitment to excellence in Science leadership, teaching and learning.



### PE Awards

Mr Smith brought 4 of our year 6 children to celebrate with myself (Mrs Van Straaten) and Miss Dale to receive a Deputy Headteacher award for excelling during a PE lesson this week. Mr Smith was really proud of how well they had performed their series of paired balances, demonstrating real strength and control. Well done to Karma, Ben, Farhan, Ruby-Leigh.

## Nursery Stay and Play

It was lovely to see so many Parents/Carers attend our Nursery Stay and Play last week. Thank you to all those that were able to attend; we had such a fun time!







## **Pupil Poem**

Mrs Van Straaten received and read out a lovely poem from one of our pupils this morning and we would like to share this with our Parent/Carer community.

They call families like mine 'the lucky few' you may wonder why so I wrote this poem to tell you.

We were blessed with someone warm and bright, she really is the light of our life.

Some may say she's different but she's really the same. Full of love, kindness, strength and has the same aim.

To live in a world where she's fully accepted, for she's like a four leaf clover with something 'extra'

She has 3 copies of the 21st chromosome, but most of you will know it as Down's syndrome.

Yes things may be harder and take a bit longer, the scenic route they say is filled with wonder.

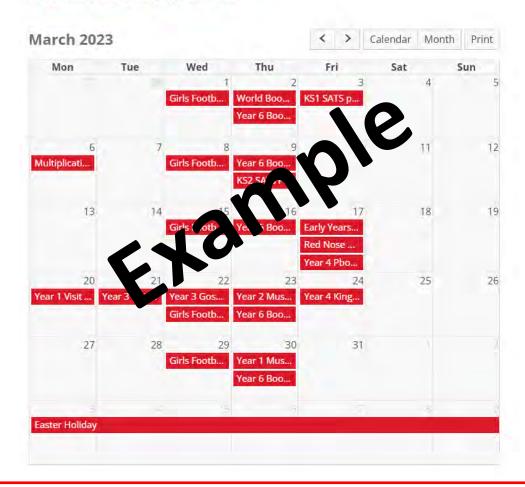
You learn to appreciate the smaller things, how to love unconditionally, be patient and don't judge,

you get showered in affection so many kisses and hugs.

It's like winning the lottery and Christmas all at once, to love a person like this we really are the lucky ones!

More alike than different it really is true, we are so proud to be part of 'The lucky few'.

## Calendar of Dates



# A reminder that all of our important dates now feature on our School Website.

Any changes to dates/times are updated immediately via the website which means what you see is always live information. To find the dates, simply head to our website, click **Parents & Carers** then **Calendar of Dates.** 



Tuesday

Wednesday

Friday

Dates:

Week I

Green Beans or Salad

Fishless Fingers, Sweetcorn, Green Beans or Salad

> Jacket Potato with Cheese Assorted Salads

Baked Apple Sponge & Custard Muller Yoghurt

hicken Meatballs & Gravy, Mashed otato, Broccoli, Vegetable Medley

Vegan Meatballs & Gravy, Mashed otato, Broccoli, Vegetable Medley

Cheese & Beans, Assorted Salads

Brownie Bites & Mandarin Oranges Vanilla Ice Cream

Brunch Lunch (Sausage, Bacon, Beans, Omelette, Hash Brown)

Veggie Brunch (Veggie Sausage, Beans, Omelette, Hash Brown)

acket Potato with Cheese and Beans Assorted Salads

**Chocolate Crispies** Fruit Jelly

ijun Chicken with Pineapple Salsa, Pasta Sweetcorn or Assorted Salad

Margherita Pizza, Pasta, Sweetcorn or Assorted Salad

Jacket Potato with Tuna Mayo Assorted Salads

> Oat & Raisin Cookie Muller Yoghurt

Quorn Vegan Nuggets, Chips, Peas or Salad

Jacket Potato with Cheese and Beans **Assorted Salads** 

> Cornflake Tart & Custard Strawberry Mousse

2023: 05/06. 26/06. 17/07. 04/09. 25/09. 16/10. 13/11. 04/12.

2024: 08/01. 29/01. 26/02. 18/03

Week 2

Margherita Pizza Pasta Bake, Green Beans or Salad

Jacket Potato with Cheese and Beans Assorted Salads

> Arctic Roll Chocolate Mousse Fresh Fruit Slices

Broccoli, Carrots

Dahl, Bombay Potatoes, Naan Bread or

lacket Potato with Beans Assorted Salads

Oaty Apple Crumble & Custard Frozen Strawberry Yoghurt

Beef Chilli & Cheese Loaded Wedges.

Sticky Sausage, Loaded Wedges, Peas, Sweetcorn or Salad

Jacket Potato with Cheese and Beans **Assorted Salads** 

> Chocolate Cookie Muller Yoghurt

or Assorted Salad

Margherita Pizza, Sauté Potatoes or Assorted Salad Jacket Potato with Tuna mayo

> Fruit Muffin Fruit Jelly

Harry Ramsden Battered Pollock Chips & Baked Beans

Vegetable Bake, Chips, Baked Beans

Jacket Potato with Cheese and Beans Assorted Salads

> Iced Shortbread Biscuit Muller Yoghurt

2023: 12/06. 03/07. 24/07. 11/09. 02/10. 23/10. 20/11. 11/12.

2024: 15/01.05/02.04/03

Week 3

Mac 'n' Cheese, Herby Bread, Peas, Carrots or Salad

Jacket Potato with Cheese **Assorted Salads** 

Chocolate & Cherry Muffin Muller yoghurt

hicken Curry, Brown & White Rice Naan Bread or Salad

Vegetable Curry, Brown & White Rice, Naan Bread or Salad

lacket Potato with Cheese and Beans Assorted Salads

> Lemon Slice & Custard Fruit Jelly

ork Sausage, Jacket Wedges, Spaghett

Vegetarian Sausage, Jacket Wedges, Spaghetti Hoops or Sweetcorn

> Jacket Potato with Beans **Assorted Salads**

Apple Flapjack & Custard Vanilla Ice Cream Tub

eef Bolognese with Pasta & Garlic Bread

Margherita Pizza, Pasta, Coleslaw or Assorted Salad

Jacket Potato with Tuna Mayo Assorted Salads

Sprinkle Tray Bake & Custard Very Berry Mousse

Chips, Mushy Peas or Salad

Vegan Pastry Roll, Chips, Mushy Peas or Salad

acket Potato with Cheese and Beans Assorted Salads

> Melting Moment Muller Yoghurt

2023: 19/06. 10/07. 18/09. 09/10. 27/11. 18/12.

2024: 22/01. 19/02. 11/03

Dishes may change without prior notice. This is a generic menu and may differ to the menu bespoke to your school, check your school's website for full details.























We understand how difficult it can be when energy bills start to rise. By making some small, simple changes we can all save money while staying safe and well.

## Save money when cooking

When cooking, put a lid on your pan as this can save you money on your energy bill. Putting a lid on your pan allows water to boil faster and the lid keeps the heat in the pan, rather than letting it escape, speeding up cooking time and helping you use less energy.

Slow cookers save money! Slow cookers are an extremely efficient way to cook, you can batch cook meals. Likewise, microwaves and air fryers are also great alternatives to using ovens.

## Switch off your appliances

Turning off lights and switching appliances off standby when not in use can save £85<sup>1</sup> a year on energy bills.



#### Do not over fill

Only boil as much as you need, overfilling your kettle wastes energy.



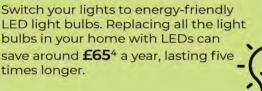
## Turn down your thermostat



By turning down your thermostat from 22°C to 21°C, you could save £115² on your energy bills.

Wash on eco or 30°C or cooler cycles when you can. Washing at 30°C rather than higher temperatures could save £15³ a year

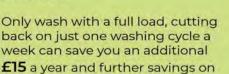
## **LED lights**





## Full load

metered water bills.





## Use a washing bowl

Using a bowl to wash up rather than a running tap can save you money on your energy and water bills if you have a water meter. You only need to run a typical tap for 95 seconds before you would have filled a washing up bowl.<sup>5</sup>

#### Take shorter showers

Spending just one minute less in the shower can save £20 a year in a typical household and uses far less energy than taking a bath. Sticking to 4-minute showers could save a typical household £75 on energy bills and around £65 on metered water bills every year.6

Replacing an inefficient shower head with a water-efficient one can reduce your yearly gas bill by £45. If you have a water meter as well, you can save another £25 - that's a total saving of £70 each year.7



## Maximise your income

Every year, millions of households miss out on thousands of pounds worth of benefits, that they are entitled to. Turn2us's benefit calculator easily and quickly identifies any benefits you are entitled to claim to increase your income: Turn2us Benefits Calculator.

We're committed to helping our customers keep safe and well. We work with a number of services and organisations that can provide help and support on energy fuel efficiency.

## Help and support with energy bills



#### National Energy Action (NEA)

If you need advice and support on your energy bills, please visit NEA's website via the link for more information: National Energy Action NEA



#### Citizens Advice

If you need information on grants and benefits to help you pay your energy bills, please visit: Citizens Advice



#### Groundwork

If you need help with saving money on your energy bills or improving efficiency within your home, please visit: Groundwork



### The Priority Services Register

The Priority Services Register (PSR) is a free service that helps energy companies to look after customers who have extra communication, access, or safety needs. It helps us tailor our services to support households who need extra help with everyday energy matters like bills, and also in the unlikely event of a power cut or gas supply interruption.

Find out if you are eligible and register at: Priority Service Register



#### Safer Homes Carbon Monoxide Alarms

Fitting a carbon monoxide (CO) alarm in your home is a great way of keeping you and your family safe from the dangers of (CO). CO is an odourless, tasteless, and invisible gas that is dangerous, and can be created from faulty gas appliances.

The Safe Homes programmes offers households a free CO alarm (maximum of one per household) - you can request your free CO alarm here.

Please use the below details when requesting your free CO alarm: Username = coalarms Password = Saferhomes123



## What's On at Cradley Heath Library

October

## **Activities & Events**

2023

## Children's Activities



## **Under 5's Activities**

## Play Talk Read

**Every Wednesday & Friday** 2pm - 3pm

Fun literacy session: storytelling, nursery rhymes, and a craft activity.

## Sandy Bear Story Time

**Every Monday** 11am - 11.30am

Storytelling and nursery rhymes. Also take part in the Sandy Bear challenge. (Ask staff for details.)

## **Family Time**

Every weekday: 3.30pm - 5pm (Term Time Only)

Get your homework done and chill out with games, colouring and jigsaws.



## Saturday Morning Craft Club

**Every Saturday** 11.00am - 1.00pm

Come and get creative. Art and crafts session for children of all ages.

## Children's Activities



## Autumn Half-term activities

30 October—4 November Please see our additional activities handout for holiday activities at Cradley Heath Library.

## Halloween Art Competition

**30 September—28 October** Entry available from Saturday 30 September. All ages of children allowed. Funded by Friends of Rowley Libraries.

## **Library Opening Times**

Monday 10am - 1pm 2pm - 5pm 10am - 1pm 2pm - 5pm Tuesday Wednesday 10am - 1pm 2pm - 5pm

Thursday Closed

10am - 1pm 2pm - 5pm Friday

Saturday 10am - 2pm Closed Sunday

#### CONTACT:

① 0121 569 4926

☑ Cradleyheath library@sandwell.gov.uk















## **Activities & Events**

2023

## **Adult Activities**

## **Social Activities**

## Place Of Welcome

## Every day during opening hours

- -Free tea and coffee
- Chilled water
- -Comfy seating
- -PC access charging points
- -Jigsaws
- -All in a safe space

## Mingle and meet -Community Friends Group

Monday 16 October 11am-12pm Make new friends, find out about local services and connect with your community.

## **Learning Activities**

## New! Arts & Crafts Workshop

Monday 2nd, 9th, 16th, 23rd October - 11am - 12:30pm Free activity—for adults of any ability. Please register your interest

## LearnMyWay Basic IT Support

Every Monday: 2pm-3pm

**Every Wednesdays & Saturdays:** 

11am-12pm

with library staff

Please book an appointment with library staff

## Other

## **NHS MMU Hospital Roadshow**

**Tuesday 17 October** 10am - 12pm, 1pm-5pm

Providing information to Sandwell residents about the new Midland Metropolitan University Hospital.

## **Adult Activities**

## **Ancestry Group**

Tuesday 10 October 10am - 12pm

Interested in family history?

Join our free group for help and advice on tracing your ancestors and creating your family tree.

## Think Sandwell Job Club

Tuesday 3, 10, 17, 24 October 10am - 12:30pm

Get support with your job search. To participate please register your interest with library staff.

## Friends Group

We're looking for customers and residents who would like to become a library friend. Please ask a member of staff for more information.

## **Library Opening Times**

Monday 10am - 1pm 2pm - 5pm 10am - 1pm 2pm - 5pm Tuesday Wednesday 10am - 1pm 2pm - 5pm Thursday Closed

10am - 1pm 2pm - 5pm Friday

Saturday 10am - 2pm Sunday Closed

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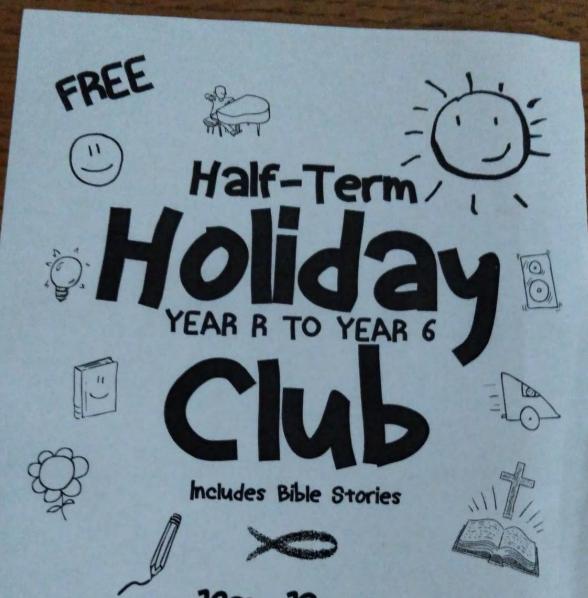












10am-12noon
Monday 30th Oct — Thursday 2nd Nov
at Holy Trinity Church, Halesowen Road, B64 6JA

Sign up:



www.holytrinity.org.uk Or complete a form on the day







HOLY TRINITY CHURCH



Invites all 5 - 16 year olds for fun activities and lunch. You can enjoy activities like pumpkin carving, Arts & crafts, board games, playstation and sports activities.

Booking is ESSENTIAL (only 30 places available) Please text Sarah on: 07463 801 751

Pumpkin Carving

Activities

All for £5.00 per person!!



TUESDAY 31ST OCTOBER 11:00AM - 2:00PM



Old Hill Cricket Club Haden Hill Ground Haden Park Road Cradley Heath B64 7HF

